



Right to justice and protection

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Right to equality and non-discrimination

Everybody's **equal!**
Discrimination against people with mental health conditions is forbidden: the State must ensure that they have access to the accommodations they need, without any exclusion or restriction of their access to information, services, activities, opportunities...

(for example: access to information about their rights, health services, sports activities, and employment opportunities)

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Right to health

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Right to education and training

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Right to live independently and to be included in the community

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Civil and political rights

Like any citizens, people with mental health conditions have the right to vote, to be elected, and to hold public positions. They have the right to express themselves and to be heard: their voices must be taken into account in political and public decisions, and they must be involved in any campaign that concerns them because they're in the best position to express their needs.

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Right to work and to be protected from exploitation

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